

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****Event 301 Boys 9 & Under 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Lawrence, Max	9	Chelmsford Swimming Club	1:31.52	1:19.98
2 Gaydon, Alexander	9	Team Ipswich Swimming	1:25.00	1:22.38
3 Ursu, Mihai	9	Team Ipswich Swimming	1:55.00	1:23.47
4 Storey, Oliver	9	Team Ipswich Swimming	1:42.90	1:39.99

**Event 301 Boys 10 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cherrington, Finlay	10	Team Ipswich Swimming	1:12.39	1:14.02
2 Thorpe, Ethan	10	Chelmsford Swimming Club	1:19.14	1:14.89
3 Comitti, Jamie	10	Basildon Phoenix SC	1:14.21	1:15.06
4 Minto, Saxon	10	Basildon Phoenix SC	1:17.00	1:17.20
5 Coackley, Ewan	10	Team Ipswich Swimming	1:26.60	1:27.60
6 Glennerster, Toby	10	Lowestoft & Oulton Broad Swim	1:32.45	1:33.79
7 Baker, Vincent	10	Team Ipswich Swimming	1:42.00	1:45.82

**Event 301 Boys 11 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Alty, Reuben	11	Team Ipswich Swimming	1:04.86	1:04.52
2 Lawrence, Oscar	11	Chelmsford Swimming Club	1:11.64	1:09.07
3 Alexander, Harry	11	Felixstowe Swimming Club	1:16.72	1:13.78
4 Robins, Dylan	11	Chelmsford Swimming Club	1:16.09	1:13.79
5 Aldridge, Evan	11	Beccles Town Swimming Club	1:16.07	1:14.05
6 Turner, Daniel	11	Lowestoft & Oulton Broad Swim	1:14.17	1:14.14
7 Peddelty, Curtis	11	Team Ipswich Swimming	1:18.67	1:18.63
8 Thomson, Ethan	11	Team Ipswich Swimming	1:19.89	1:19.63
9 Spriggs, Louis	11	Chelmsford Swimming Club	1:16.00	1:19.79
10 Abbott, Isaac	11	Hadleigh Dolphins	1:22.97	1:22.71
11 Nicholls, Max	11	Leiston & District Swimming Cl	1:24.68	1:23.17
12 Foster, Matthew	11	Leiston & District Swimming Cl	1:21.61	1:23.22

**Event 301 Boys 12 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Redhead, Ashton	12	Team Ipswich Swimming	1:04.88	1:04.37
2 Blake, Fynley	12	Team Ipswich Swimming	1:07.66	1:05.58
3 Power, Joe	12	Basildon Phoenix SC	1:04.59	1:05.75
4 Howlett, Ben	12	Team Ipswich Swimming	1:07.41	1:06.14
5 Wilde, Rory	12	Chelmsford Swimming Club	1:08.64	1:06.56
6 Woodhouse, Charlie	12	Basildon Phoenix SC	1:13.20	1:13.94
7 Scott, Callum	12	Chelmsford Swimming Club	1:18.54	1:15.59
8 Walker, Thomas	12	Beccles Town Swimming Club	1:20.78	1:15.74
9 Skinner, Archie	12	Basildon Phoenix SC	1:20.05	1:16.31
10 Matuszek, Antek	12	Felixstowe Swimming Club	1:25.69	1:21.25
11 Dunnett, Joshua	12	Leiston & District Swimming Cl	1:30.28	1:28.30

**Event 301 Boys 13 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cooper, Finn	13	Team Ipswich Swimming	1:00.33	59.49
2 Flowers, Joe	13	Leiston & District Swimming Cl	1:01.06	1:00.67
3 Lewis, Daniel	13	Chelmsford Swimming Club	1:04.39	1:01.39
4 Angel, Ethan	13	Team Ipswich Swimming	1:04.46	1:03.60
5 Holmes, Harrison	13	Lowestoft & Oulton Broad Swim	1:02.56	1:03.95
6 Cash, Oliver	13	Chelmsford Swimming Club	1:10.12	1:05.63
7 Aldred, Jacob	13	Lowestoft & Oulton Broad Swim	1:06.99	1:06.51
8 Vanstone, Harry	13	Chelmsford Swimming Club	1:06.84	1:06.94
9 Deswal, Vansh	13	Chelmsford Swimming Club	1:14.12	1:09.97

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 301 Boys 13 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
10 Harvey, Leo	13	Lowestoft & Oulton Broad Swim	1:13.65	1:13.32

**Event 301 Boys 14 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Gladwell, Elliot	14	Team Ipswich Swimming	58.69	59.18
2 Pilcher, Aidan	14	Team Ipswich Swimming	59.76	59.35
3 Farrant, Lucas	14	Chelmsford Swimming Club	1:02.67	1:01.50
4 Tombs, Tyler	14	Chelmsford Swimming Club	1:03.97	1:01.95
5 Kitching, Jacob	14	Chelmsford Swimming Club	58.75	1:01.99
6 Howard, Jed	14	Beccles Town Swimming Club	1:05.34	1:04.08
7 Taylor, Benjamin	14	Leiston & District Swimming Cl	1:06.72	1:04.85
8 Case, Michael	14	Felixstowe Swimming Club	1:18.12	1:12.84

**Event 301 Boys 15 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Pallant, Jack	15	Lowestoft & Oulton Broad Swim	56.85	56.78
2 Smith, Teal'k	15	Beccles Town Swimming Club	57.25	58.87
3 Gosney, Keelan	15	Chelmsford Swimming Club	59.85	1:00.08
4 Bessey, Matt	15	Lowestoft & Oulton Broad Swim	1:04.09	1:04.08
5 Osborne, Charlie	15	Leiston & District Swimming Cl	1:07.42	1:07.43

**Event 301 Boys 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Perkins, Sam	17	Team Ipswich Swimming	52.85	53.14
2 Day, Sam	16	Beccles Town Swimming Club	57.78	56.93
3 Scarff, Jack	16	Team Ipswich Swimming	59.45	59.77
4 Mann, Oliver	16	Beccles Town Swimming Club	1:01.13	1:01.56
5 Phillips, Charlie	16	Felixstowe Swimming Club	1:02.81	1:02.45

**Event 302 Girls 9 & Under 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Low, Charlotte	9	Chelmsford Swimming Club	1:25.00	1:19.26
2 Clarke, Lucy	9	Chelmsford Swimming Club	1:24.96	1:22.83
3 Smith, Lauren	9	Lowestoft & Oulton Broad Swim	1:32.54	1:29.19
4 Mutton, Grace	9	Felixstowe Swimming Club	1:46.23	1:30.81
5 Munday, Lily	9	Team Ipswich Swimming	1:45.50	1:35.34
6 Stanciu, Alexia	9	Chelmsford Swimming Club	1:49.16	1:37.02
7 Pugh, Lola	9	Team Ipswich Swimming	1:45.30	1:38.57

**Event 302 Girls 10 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Romanus, Rose	10	Team Ipswich Swimming	1:12.36	1:12.57
2 Armstrong, Evie	10	Team Ipswich Swimming	1:14.99	1:14.23
3 Lovell, Clementine	10	Team Ipswich Swimming	1:18.06	1:15.46
4 Stent, Elena	10	Basildon Phoenix SC	1:16.12	1:15.93
5 Johnson, Emilia	10	Beccles Town Swimming Club	1:31.80	1:18.62
6 Howlett, Eva	10	Lowestoft & Oulton Broad Swim	1:17.44	1:20.32
7 Burgess, Aimee	10	Felixstowe Swimming Club	1:30.12	1:22.76
8 Kelly, Charlotte	10	Team Ipswich Swimming	1:28.77	1:24.16
9 Sedgwick, Hannah	10	Chelmsford Swimming Club	1:29.40	1:24.39
10 Roberts, Sophie	10	Team Ipswich Swimming	1:25.51	1:24.99
11 Armes, Phoebe	10	Team Ipswich Swimming	1:31.03	1:28.62
12 Lockett, Charlotte	10	Beccles Town Swimming Club	1:30.20	1:31.80
13 Cockram, Lily	10	Chelmsford Swimming Club	1:39.03	1:31.81
14 Lewis, Amelia	10	Team Ipswich Swimming	1:35.02	1:34.27
15 Matuszek, Zuzanna	10	Felixstowe Swimming Club	1:47.55	1:41.06

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 302 Girls 10 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
16 Reeve, Izzy	10	Lowestoft & Oulton Broad Swim	1:37.54	1:43.20

**Event 302 Girls 11 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Dawson, Ella	11	Chelmsford Swimming Club	1:10.86	1:07.33
2 Stanciu, Maria	11	Chelmsford Swimming Club	1:09.90	1:10.35
3 Gladwell, Darcy	11	Hadleigh Dolphins	1:11.28	1:11.00
4 Ball, Imogen	11	Lowestoft & Oulton Broad Swim	1:10.85	1:11.26
5 Wilson, Ava	11	Chelmsford Swimming Club	1:19.01	1:13.18
*6 Saunders, Amelia	11	Leiston & District Swimming Cl	1:16.86	1:15.41
*6 Flowers, Anna	11	Leiston & District Swimming Cl	1:20.39	1:15.41
8 Long, Rachel	11	Chelmsford Swimming Club	1:23.76	1:17.01
9 Mendham, Olivia	11	Chelmsford Swimming Club	1:23.55	1:18.18
10 Howell, Francesca	11	Chelmsford Swimming Club	1:21.05	1:19.31
11 Philpott, Ruby	11	Chelmsford Swimming Club	1:24.98	1:19.75
12 Hills, Ella	11	Chelmsford Swimming Club	1:22.25	1:21.49
13 Walker, Eloise	11	Chelmsford Swimming Club	1:25.38	1:21.91
14 Vinyard, Lily	11	Team Ipswich Swimming	1:24.89	1:22.51
15 Ramm, Rebecca	11	Witham Dolphins	1:24.90	1:23.42
16 Barker, Imogen	11	Witham Dolphins	1:35.30	1:24.25
17 Dowland, Layla	11	Leiston & District Swimming Cl	1:22.00	1:28.76
18 Brinded, Evie	11	Leiston & District Swimming Cl	1:30.14	1:30.11
19 Saunders, Isabelle	11	Witham Dolphins	1:37.27	1:30.72
20 Lamb, Jessica	11	Team Ipswich Swimming	1:36.82	1:32.54

**Event 302 Girls 12 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Saise, Rosalind	12	Team Ipswich Swimming	1:02.82	1:01.77
2 Dowding, Sophie	12	Team Ipswich Swimming	1:02.60	1:03.66
3 Gilmour, Cherry	12	Chelmsford Swimming Club	1:06.73	1:05.17
4 Leinemann, Lisa	12	Chelmsford Swimming Club	1:08.35	1:07.03
5 Chishaya, Trinity	12	Team Ipswich Swimming	1:12.85	1:08.84
6 Mahoney, Nuala	12	Team Ipswich Swimming	1:10.76	1:09.61
7 Murphy, Madison	12	Team Ipswich Swimming	1:10.03	1:09.88
8 Pennington, Sophie	12	Team Ipswich Swimming	1:14.06	1:10.33
9 Foley-Wright, Aislin	12	Basildon Phoenix SC	1:11.65	1:10.37
10 Armstrong, Chloe	12	Team Ipswich Swimming	1:11.80	1:11.57
11 Murphy, Amelia	12	Chelmsford Swimming Club	1:11.88	1:11.73
12 Molyneaux, Annette	12	Hadleigh Dolphins	1:12.34	1:11.89
13 Holmes, Jersey	12	Lowestoft & Oulton Broad Swim	1:12.86	1:14.05
14 Staines, Chloe	12	Chelmsford Swimming Club	1:14.99	1:14.95
15 Glennerster, Harriet	12	Lowestoft & Oulton Broad Swim	1:17.61	1:14.96
16 Snowden, Beatrice	12	Team Ipswich Swimming	1:22.05	1:19.45
17 Isaacs, Izabella	12	Felixstowe Swimming Club	1:18.66	1:20.35
18 Langford, Georgie	12	Leiston & District Swimming Cl	1:25.56	1:25.62
19 Childs, Megan	12	Witham Dolphins	1:30.00	1:28.32
20 Ambrose, Ruby	12	Team Ipswich Swimming	1:29.70	1:31.55

**Event 302 Girls 13 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Ulyatt, Lily	13	Chelmsford Swimming Club	1:05.82	1:03.15
2 Burwood, Ellie	13	Lowestoft & Oulton Broad Swim	1:05.16	1:06.65
3 Rigby, Holly	13	Lowestoft & Oulton Broad Swim	1:11.44	1:08.97
4 Mann, Grace	13	Beccles Town Swimming Club	1:11.28	1:10.26
5 Clarke, Olivia	13	Chelmsford Swimming Club	1:09.58	1:10.52

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 302 Girls 13 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
6 Reeve, Stacey	13	Lowestoft & Oulton Broad Swim	1:08.16	1:10.98
7 Veal, Chloe	13	Team Ipswich Swimming	1:12.81	1:11.04
8 White, Maddie	13	Chelmsford Swimming Club	1:11.47	1:11.08
9 Copling, Maisie	13	Beccles Town Swimming Club	1:18.27	1:21.98

**Event 302 Girls 14 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Dixon-Minter, Evelyn	14	Team Ipswich Swimming	1:02.13	1:02.35
2 Blunden, Kiera	14	Chelmsford Swimming Club	1:03.04	1:03.47
3 Rayner, Teegan	14	Witham Dolphins	1:05.41	1:03.65
4 Crouch, Erin	14	Team Ipswich Swimming	1:01.40	1:04.03
5 Gray-Cullum, Megan	14	Team Ipswich Swimming	1:06.56	1:05.69
6 Crawley, Abigail	14	Felixstowe Swimming Club	1:06.34	1:05.91
7 Long, Rebekah	14	Chelmsford Swimming Club	1:08.41	1:07.13
8 Fleming, Hannah	14	Chelmsford Swimming Club	1:07.86	1:08.13
*9 Ford, Lily	14	Hadleigh Dolphins	1:10.75	1:09.16
*9 Owen, Sophie	14	Leiston & District Swimming Cl	1:09.75	1:09.16
11 Day, Jess	14	Beccles Town Swimming Club	1:09.44	1:10.34
12 Wright, Mia	14	Felixstowe Swimming Club	1:09.01	1:10.85
13 Bryson, Amber	14	Leiston & District Swimming Cl	1:14.30	1:14.46
14 Kinsville, Elizabeth	14	Chelmsford Swimming Club	1:16.02	1:14.80
15 McDiarmid, Iona A	14	Witham Dolphins	1:18.12	1:23.76

**Event 302 Girls 15 Year Olds 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Duffield, Abbie	15	Team Ipswich Swimming	1:05.91	1:05.03
2 Aldred, Olivia	15	Lowestoft & Oulton Broad Swim	1:03.69	1:07.18
3 Prieto Randez, Mar	15	Lowestoft & Oulton Broad Swim	1:05.00	1:07.53
4 Evans, Nia	15	Hadleigh Dolphins	1:08.87	1:08.45
5 Gray, Emily	15	Felixstowe Swimming Club	1:08.76	1:10.18
6 Adcock, Lucy	15	Beccles Town Swimming Club	1:08.29	1:12.02

**Event 302 Girls 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cruickshanks, Emma	16	Team Ipswich Swimming	57.90	59.25
2 Radziunaite, Lija	17	Team Ipswich Swimming	1:00.22	59.41
3 Paschold, Kristien	16	Team Ipswich Swimming	1:02.31	1:02.86
4 Wolstenholme, Jasmine	16	Leiston & District Swimming Cl	1:03.61	1:04.67
5 Wood, Jasmine	16	Witham Dolphins	1:04.74	1:07.66
6 Boots, Naomi	17	Lowestoft & Oulton Broad Swim	1:08.06	1:08.35
7 Spriggs, Harriette	16	Chelmsford Swimming Club	1:07.98	1:08.80
8 Nicholson, Ciara	17	Chelmsford Swimming Club	1:09.68	1:14.02

**Event 303 Boys 9 & Under 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Gaydon, Alexander	9	Team Ipswich Swimming	1:50.00	1:38.50

**Event 303 Boys 10 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Ruddell, Charlie	10	Team Ipswich Swimming	1:28.26	1:26.12
2 Thorpe, Ethan	10	Chelmsford Swimming Club	1:32.17	1:27.87
3 Riley, Will	10	Team Ipswich Swimming	1:30.77	1:29.86
4 Coackley, Ewan	10	Team Ipswich Swimming	1:38.48	1:41.10
5 Mahoney, Alex	10	Team Ipswich Swimming	1:37.54	1:41.21
6 Glennerster, Toby	10	Lowestoft & Oulton Broad Swim	1:43.34	1:50.96

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****Event 303 Boys 11 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Turner, Daniel	11	Lowestoft & Oulton Broad Swim	1:29.10	1:23.36
2 Alexander, Harry	11	Felixstowe Swimming Club	1:36.97	1:29.20
3 Peddelty, Curtis	11	Team Ipswich Swimming	1:29.44	1:31.25
4 Aldridge, Evan	11	Beccles Town Swimming Club	1:39.45	1:31.52
5 Thomson, Ethan	11	Team Ipswich Swimming	1:33.99	1:32.92
6 Nicholls, Max	11	Leiston & District Swimming Cl	1:39.03	1:39.23

**Event 303 Boys 12 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Blake, Fynley	12	Team Ipswich Swimming	1:18.45	1:19.57
2 Woodhouse, Charlie	12	Basildon Phoenix SC	1:34.00	1:26.41
3 Skinner, Archie	12	Basildon Phoenix SC	1:34.00	1:29.48

**Event 303 Boys 13 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Cruickshanks, Robbie	13	Team Ipswich Swimming	1:10.60	1:09.65
2 Cash, Oliver	13	Chelmsford Swimming Club	1:28.06	1:18.91
3 Deswal, Vansh	13	Chelmsford Swimming Club	1:25.28	1:21.85

**Event 303 Boys 14 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Gladwell, Elliot	14	Team Ipswich Swimming	1:09.43	1:09.85
2 Howard, Jed	14	Beccles Town Swimming Club	1:12.85	1:13.96
3 Taylor, Benjamin	14	Leiston & District Swimming Cl	1:17.98	1:15.21
4 Thornton, Jonathan	14	Hadleigh Dolphins	1:28.12	1:26.71

**Event 303 Boys 15 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Baker-Woods, Xavier	15	Team Ipswich Swimming	1:07.57	1:08.81
--- Gosney, Keelan	15	Chelmsford Swimming Club	1:13.59	DQ
4.4 Start before starting signal - misc				

**Event 303 Boys 16 & Over 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Clare, Thomas	18	Team Ipswich Swimming	1:01.43	1:01.44
2 Day, Elliott	17	Team Ipswich Swimming	1:04.49	1:05.15
3 Day, Sam	16	Beccles Town Swimming Club	1:06.90	1:05.43
4 Mann, Oliver	16	Beccles Town Swimming Club	1:10.22	1:10.56
5 Phillips, Charlie	16	Felixstowe Swimming Club	1:12.92	1:12.13

**Event 304 Girls 9 & Under 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Clarke, Lucy	9	Chelmsford Swimming Club	1:48.63	1:33.00
2 Mutton, Grace	9	Felixstowe Swimming Club	1:46.64	1:42.83
3 Smith, Lauren	9	Lowestoft & Oulton Broad Swim	1:43.19	1:44.89
4 Melville, Neve	9	Felixstowe Swimming Club	1:50.41	1:48.71
5 Wright, Erin	9	Team Ipswich Swimming	2:17.40	1:49.27
6 Catchpole, Charlotte	9	Leiston & District Swimming Cl	1:57.37	1:51.58
7 Roe, Lila	9	Team Ipswich Swimming	2:27.00	1:52.56
8 Bryan, Isabella	9	Team Ipswich Swimming	2:00.84	1:58.39
9 Marshall, Maggie	9	Team Ipswich Swimming	2:20.10	2:04.04

**Event 304 Girls 10 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Armstrong, Evie	10	Team Ipswich Swimming	1:28.08	1:24.98
2 Lovell, Clementine	10	Team Ipswich Swimming	1:28.27	1:26.33

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 304 Girls 10 Year Olds 100 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
3 Denny, Ingrid	10	Team Ipswich Swimming	1:31.55	1:31.73
4 Johnson, Emilia	10	Beccles Town Swimming Club	1:43.31	1:32.22
5 Howlett, Eva	10	Lowestoft & Oulton Broad Swim	1:33.15	1:33.17
6 Coleman, Scarlett	10	Chelmsford Swimming Club	1:55.00	1:37.00
7 Roberts, Sophie	10	Team Ipswich Swimming	1:38.85	1:37.29
8 Armes, Phoebe	10	Team Ipswich Swimming	1:44.31	1:40.13
9 Lockett, Charlotte	10	Beccles Town Swimming Club	1:53.49	1:44.37
10 Burgess, Aimee	10	Felixstowe Swimming Club	1:52.58	1:44.72
11 Lewis, Amelia	10	Team Ipswich Swimming	1:46.61	1:45.11
12 Hope, Connie	10	Felixstowe Swimming Club	1:55.16	1:51.34
13 Reeve, Izzy	10	Lowestoft & Oulton Broad Swim	1:55.02	1:57.43
--- Cockram, Lily	10	Chelmsford Swimming Club	1:45.96	DQ

8.3 Movements of the legs not simultaneous - fly

**Event 304 Girls 11 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Wilson, Ava	11	Chelmsford Swimming Club	1:22.43	1:21.29
2 Ball, Imogen	11	Lowestoft & Oulton Broad Swim	1:26.86	1:25.48
3 Cator, Poppy	11	Lowestoft & Oulton Broad Swim	1:32.12	1:25.60
4 Gladwell, Darcy	11	Hadleigh Dolphins	1:28.28	1:26.69
5 Saunders, Amelia	11	Leiston & District Swimming Cl	1:29.04	1:28.67
6 Howell, Francesca	11	Chelmsford Swimming Club	1:34.18	1:31.96
7 Francis, Chloe	11	Lowestoft & Oulton Broad Swim	1:33.87	1:33.05
8 Jarman, Isobel	11	Witham Dolphins	1:37.33	1:33.54
9 Dowland, Layla	11	Leiston & District Swimming Cl	1:45.00	1:37.58
10 Barker, Imogen	11	Witham Dolphins	1:47.53	1:38.76
11 Lomasney-Mcintyre, Eleanor	11	Hadleigh Dolphins	1:39.69	1:39.77
12 Lamb, Jessica	11	Team Ipswich Swimming	1:48.19	1:45.83

**Event 304 Girls 12 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Dowding, Sophie	12	Team Ipswich Swimming	1:15.06	1:15.34
2 Mayall, Lily-Ella	12	Lowestoft & Oulton Broad Swim	1:16.82	1:16.29
3 Armstrong, Chloe	12	Team Ipswich Swimming	1:20.61	1:18.79
4 Murphy, Amelia	12	Chelmsford Swimming Club	1:23.57	1:20.89
5 Holmes, Jersey	12	Lowestoft & Oulton Broad Swim	1:32.84	1:24.66
6 Molyneaux, Annette	12	Hadleigh Dolphins	1:24.81	1:26.63
7 Chishaya, Trinity	12	Team Ipswich Swimming	1:27.99	1:26.92
8 Biggs, Amelia	12	Leiston & District Swimming Cl	1:31.44	1:30.14
9 Isaacs, Izabella	12	Felixstowe Swimming Club	1:34.80	1:36.00
10 Ambrose, Ruby	12	Team Ipswich Swimming	1:42.50	1:44.46

**Event 304 Girls 13 Year Olds 100 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Young, Beth	13	Team Ipswich Swimming	1:11.46	1:09.88
2 Alexander-High, Laura	13	Team Ipswich Swimming	1:18.17	1:18.50
3 Turner, Kiera	13	Lowestoft & Oulton Broad Swim	1:21.44	1:18.54
4 Rigby, Holly	13	Lowestoft & Oulton Broad Swim	1:19.46	1:18.56
5 Pawle, Madeline	13	Leiston & District Swimming Cl	1:19.47	1:18.96
6 Scarff, Jodi	13	Team Ipswich Swimming	1:21.34	1:21.74
7 Abbott, Rowan	13	Hadleigh Dolphins	1:19.12	1:22.03
8 Mann, Grace	13	Beccles Town Swimming Club	1:20.64	1:22.58
9 Catchpole, Ellie	13	Leiston & District Swimming Cl	1:19.53	1:22.78
10 Copling, Maisie	13	Beccles Town Swimming Club	1:27.63	1:30.95

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****Event 304 Girls 14 Year Olds 100 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Armstrong, Hollie	14	Team Ipswich Swimming	1:10.99	1:09.82
2	Low, Francesca	14	Chelmsford Swimming Club	1:14.82	1:15.15
3	Dixon-Minter, Evelyn	14	Team Ipswich Swimming	1:12.30	1:15.16
4	Ridgeon, Amber	14	Leiston & District Swimming Cl	1:16.20	1:16.62
5	Rayner, Teegan	14	Witham Dolphins	1:15.09	1:16.72
6	Ford, Lily	14	Hadleigh Dolphins	1:21.67	1:20.22
7	Fleming, Hannah	14	Chelmsford Swimming Club	1:21.66	1:20.70
8	Owen, Sophie	14	Leiston & District Swimming Cl	1:22.48	1:20.74
9	Day, Jess	14	Beccles Town Swimming Club	1:22.69	1:21.52
10	Wright, Mia	14	Felixstowe Swimming Club	1:19.94	1:23.15
11	Watts, Meg	14	Felixstowe Swimming Club	1:21.41	1:26.35
12	Bryson, Amber	14	Leiston & District Swimming Cl	1:31.38	1:27.27

**Event 304 Girls 15 Year Olds 100 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Brown, Annika	15	Team Ipswich Swimming	1:13.51	1:14.21
2	Valentine, Mazie	15	Felixstowe Swimming Club	1:20.77	1:23.14
3	Adcock, Lucy	15	Beccles Town Swimming Club	1:20.23	1:23.94
4	Gray, Emily	15	Felixstowe Swimming Club	1:25.23	1:25.60
5	White, Caitlyn	15	Felixstowe Swimming Club	1:24.50	1:26.67

**Event 304 Girls 16 & Over 100 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Wolstenholme, Jasmine	16	Leiston & District Swimming Cl	1:13.50	1:13.62
2	Yates, Mia	16	Felixstowe Swimming Club	1:13.73	1:15.06
3	Thornton, Eleanor	16	Hadleigh Dolphins	1:16.94	1:16.41
4	Waller, Emily	17	Beccles Town Swimming Club	1:14.67	1:18.00
5	Boots, Naomi	17	Lowestoft & Oulton Broad Swim	1:17.34	1:18.79
6	Emmerson, Taome	16	Leiston & District Swimming Cl	1:23.71	1:24.65

**Event 305 Boys 9 & Under 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Ursu, Mihai	9	Team Ipswich Swimming	41.21	39.52
2	Lawrence, Max	9	Chelmsford Swimming Club	43.31	44.74
---	Storey, Oliver	9	Team Ipswich Swimming	48.82	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate turn				
---	Mozes, Attila	9	Team Ipswich Swimming	50.30	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate turn				

**Event 305 Boys 10 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Thorpe, Ethan	10	Chelmsford Swimming Club	39.02	37.29
2	Riley, Will	10	Team Ipswich Swimming	40.47	39.92
3	Minto, Saxon	10	Basildon Phoenix SC	41.13	41.94
4	Mahoney, Alex	10	Team Ipswich Swimming	45.00	42.59
5	Coackley, Ewan	10	Team Ipswich Swimming	43.93	42.73
6	Eardley, Cole	10	Witham Dolphins	44.61	44.12
7	Baker, Vincent	10	Team Ipswich Swimming	56.18	51.80

**Event 305 Boys 11 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Alty, Reuben	11	Team Ipswich Swimming	34.40	35.35
2	Winterburn, Oscar	11	Team Ipswich Swimming	38.22	37.99
3	Turner, Daniel	11	Lowestoft & Oulton Broad Swim	38.18	39.80
4	Robins, Dylan	11	Chelmsford Swimming Club	40.58	40.29

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 305 Boys 11 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
5 Pennington, Jamie	11	Team Ipswich Swimming	43.61	40.93
6 Spriggs, Louis	11	Chelmsford Swimming Club	37.91	41.02
7 Thomson, Ethan	11	Team Ipswich Swimming	43.64	41.17
8 Aldridge, Evan	11	Beccles Town Swimming Club	41.22	41.30
9 Peddelty, Curtis	11	Team Ipswich Swimming	40.97	42.32
10 Alexander, Harry	11	Felixstowe Swimming Club	47.70	43.27
11 Foster, Matthew	11	Leiston & District Swimming Cl	43.67	45.17
12 Abbott, Isaac	11	Hadleigh Dolphins	45.13	49.06
13 Morgan, Alex	11	Team Ipswich Swimming	58.85	51.11

**Event 305 Boys 12 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Redhead, Ashton	12	Team Ipswich Swimming	32.64	32.83
2 Robinson, Patch	12	Team Ipswich Swimming	34.83	34.90
3 Howlett, Ben	12	Team Ipswich Swimming	35.61	35.34
4 Blake, Fynley	12	Team Ipswich Swimming	37.42	35.69
5 Wilde, Rory	12	Chelmsford Swimming Club	36.69	36.06
6 Woodhouse, Charlie	12	Basildon Phoenix SC	40.22	39.50
7 Scott, Callum	12	Chelmsford Swimming Club	41.19	39.96
8 Walker, Thomas	12	Beccles Town Swimming Club	40.86	40.86
9 Skinner, Archie	12	Basildon Phoenix SC	40.14	41.11
10 Dunnett, Joshua	12	Leiston & District Swimming Cl	46.38	45.66

**Event 305 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Cruickshanks, Robbie	13	Team Ipswich Swimming	32.31	31.99
2 Lewis, Daniel	13	Chelmsford Swimming Club	32.41	32.01
3 Flowers, Joe	13	Leiston & District Swimming Cl	33.02	32.60
4 Holmes, Harrison	13	Lowestoft & Oulton Broad Swim	32.97	33.55
5 Aldred, Jacob	13	Lowestoft & Oulton Broad Swim	32.97	33.57
6 Angel, Ethan	13	Team Ipswich Swimming	35.60	35.40
7 Cash, Oliver	13	Chelmsford Swimming Club	35.18	35.63
8 Benjamin, Jamie	13	Chelmsford Swimming Club	37.03	35.68
9 Harvey, Leo	13	Lowestoft & Oulton Broad Swim	37.11	37.13
10 Eardley, Noah	13	Witham Dolphins	39.14	38.27
11 Deswal, Vansh	13	Chelmsford Swimming Club	40.74	40.18

**Event 305 Boys 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Farrant, Lucas	14	Chelmsford Swimming Club	32.18	31.91
2 Gladwell, Elliot	14	Team Ipswich Swimming	34.26	33.01
3 Crabb, Noah	14	Team Ipswich Swimming	32.88	33.06
4 Kitching, Jacob	14	Chelmsford Swimming Club	32.74	33.55
5 Taylor, Benjamin	14	Leiston & District Swimming Cl	34.18	33.85
6 Thornton, Jonathan	14	Hadleigh Dolphins	39.07	39.76

**Event 305 Boys 15 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Smith, Teal'k	15	Beccles Town Swimming Club	28.70	29.27
2 Baker-Woods, Xavier	15	Team Ipswich Swimming	30.94	31.49
3 Gosney, Keelan	15	Chelmsford Swimming Club	33.44	32.29
4 Pallant, Jack	15	Lowestoft & Oulton Broad Swim	30.56	33.05
5 Lundy-Munoz, Xabier	15	Team Ipswich Swimming	33.85	33.46



**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****Event 305 Boys 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Day, Sam	16	Beccles Town Swimming Club	31.77	31.16
2 Mann, Oliver	16	Beccles Town Swimming Club	32.02	32.01
3 Phillips, Charlie	16	Felixstowe Swimming Club	32.42	32.58
4 Foster, Michael	17	Leiston & District Swimming Cl	36.17	35.63

**Event 306 Girls 9 & Under 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Clarke, Lucy	9	Chelmsford Swimming Club	39.43	40.59
2 Low, Charlotte	9	Chelmsford Swimming Club	43.98	43.43
3 Catchpole, Charlotte	9	Leiston & District Swimming Cl	46.20	45.07
4 Wright, Erin	9	Team Ipswich Swimming	49.19	45.80
5 Stanciu, Alexia	9	Chelmsford Swimming Club	52.18	47.03
6 Smith, Lauren	9	Lowestoft & Oulton Broad Swim	45.07	47.33
7 Mutton, Grace	9	Felixstowe Swimming Club	48.99	49.25
8 Bryan, Isabella	9	Team Ipswich Swimming	49.91	49.54
9 Melville, Neve	9	Felixstowe Swimming Club	52.16	49.56
10 Pugh, Lola	9	Team Ipswich Swimming	49.20	51.22
11 Jordan, Ella	9	Team Ipswich Swimming	49.30	52.38
12 Munday, Lily	9	Team Ipswich Swimming	50.79	52.41
13 Brinded, Isabella	9	Leiston & District Swimming Cl	55.86	53.87
14 Roe, Lila	9	Team Ipswich Swimming	50.18	54.50

**Event 306 Girls 10 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Lovell, Clementine	10	Team Ipswich Swimming	40.88	38.88
2 Howlett, Eva	10	Lowestoft & Oulton Broad Swim	41.62	39.83
3 Denny, Ingrid	10	Team Ipswich Swimming	42.63	40.06
4 Armstrong, Evie	10	Team Ipswich Swimming	41.67	40.70
5 Roberts, Sophie	10	Team Ipswich Swimming	42.70	42.46
6 Uttridge, Erin	10	Felixstowe Swimming Club	43.65	42.49
7 Johnson, Emilia	10	Beccles Town Swimming Club	43.95	42.71
8 Sedgwick, Hannah	10	Chelmsford Swimming Club	42.91	42.86
9 Kelly, Charlotte	10	Team Ipswich Swimming	43.86	45.05
10 Coleman, Scarlett	10	Chelmsford Swimming Club	56.87	45.12
11 Lewis, Amelia	10	Team Ipswich Swimming	46.84	46.48
12 Lockett, Charlotte	10	Beccles Town Swimming Club	45.95	46.62
13 Cummings, Katelyn	10	Team Ipswich Swimming	49.89	47.07
14 Cockram, Lily	10	Chelmsford Swimming Club	45.05	47.11
15 Armes, Phoebe	10	Team Ipswich Swimming	44.99	47.86
16 Hope, Connie	10	Felixstowe Swimming Club	52.82	51.10
17 Reeve, Izzy	10	Lowestoft & Oulton Broad Swim	50.71	51.15
18 Matuszek, Zuzanna	10	Felixstowe Swimming Club	58.45	51.63

**Event 306 Girls 11 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Dawson, Ella	11	Chelmsford Swimming Club	37.23	36.58
2 Wilson, Ava	11	Chelmsford Swimming Club	38.13	37.49
3 Gladwell, Darcy	11	Hadleigh Dolphins	38.32	37.91
4 Hills, Ella	11	Chelmsford Swimming Club	40.05	39.15
5 Ball, Imogen	11	Lowestoft & Oulton Broad Swim	38.20	39.32
6 Howell, Francesca	11	Chelmsford Swimming Club	38.62	39.51
7 Cator, Poppy	11	Lowestoft & Oulton Broad Swim	40.38	39.81
8 Vinyard, Lily	11	Team Ipswich Swimming	40.37	40.23
9 Long, Rachel	11	Chelmsford Swimming Club	42.25	40.27
10 Flowers, Anna	11	Leiston & District Swimming Cl	41.97	40.74

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 306 Girls 11 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
11 Ridgeon, Holly	11	Leiston & District Swimming Cl	42.02	40.78
12 Ramm, Rebecca	11	Witham Dolphins	41.00	42.45
13 Francis, Chloe	11	Lowestoft & Oulton Broad Swim	42.43	43.04
14 Walker, Eloise	11	Chelmsford Swimming Club	43.59	44.18
15 Jarman, Isobel	11	Witham Dolphins	45.30	44.78
16 Lomasney-Mcintyre, Eleanor	11	Hadleigh Dolphins	47.59	45.67
17 Saunders, Isabelle	11	Witham Dolphins	48.12	46.66
18 Lamb, Jessica	11	Team Ipswich Swimming	49.01	46.94

**Event 306 Girls 12 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Mayall, Lily-Ella	12	Lowestoft & Oulton Broad Swim	32.35	33.15
2 Armstrong, Chloe	12	Team Ipswich Swimming	35.05	33.79
3 Dowding, Sophie	12	Team Ipswich Swimming	35.26	34.25
4 Saise, Rosalind	12	Team Ipswich Swimming	35.03	34.32
5 Crabb, Amelie	12	Team Ipswich Swimming	34.69	34.36
6 Comitti, Gracie	12	Basildon Phoenix SC	36.77	35.26
7 Duffield, Ellen	12	Team Ipswich Swimming	37.99	35.76
8 Pennington, Sophie	12	Team Ipswich Swimming	39.43	37.19
9 Murphy, Amelia	12	Chelmsford Swimming Club	38.14	37.46
10 Molyneaux, Annette	12	Hadleigh Dolphins	38.33	39.73
11 Staines, Chloe	12	Chelmsford Swimming Club	40.77	39.74
12 Glennerster, Harriet	12	Lowestoft & Oulton Broad Swim	40.55	40.41
13 Chishaya, Trinity	12	Team Ipswich Swimming	41.41	40.58
14 Holmes, Jersey	12	Lowestoft & Oulton Broad Swim	40.44	41.26
15 Langford, Georgie	12	Leiston & District Swimming Cl	42.73	43.19
16 Isaacs, Izabella	12	Felixstowe Swimming Club	43.06	44.18

**Event 306 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Young, Beth	13	Team Ipswich Swimming	33.59	33.43
2 Ulyatt, Lily	13	Chelmsford Swimming Club	34.72	33.74
3 Burwood, Ellie	13	Lowestoft & Oulton Broad Swim	35.28	34.69
4 Abbott, Rowan	13	Hadleigh Dolphins	33.68	35.09
5 Catchpole, Katie	13	Lowestoft & Oulton Broad Swim	36.81	35.43
6 Gibson, Amy	13	Leiston & District Swimming Cl	35.95	35.87
7 Mann, Grace	13	Beccles Town Swimming Club	35.50	36.16
8 White, Maddie	13	Chelmsford Swimming Club	37.33	36.99
9 Scarff, Jodi	13	Team Ipswich Swimming	37.40	37.44
10 Reeve, Stacey	13	Lowestoft & Oulton Broad Swim	38.29	37.70
11 Rigby, Holly	13	Lowestoft & Oulton Broad Swim	37.85	37.74

**Event 306 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Blunden, Kiera	14	Chelmsford Swimming Club	32.41	32.10
2 Armstrong, Hollie	14	Team Ipswich Swimming	33.56	32.83
3 Low, Francesca	14	Chelmsford Swimming Club	32.66	33.60
4 Ridgeon, Amber	14	Leiston & District Swimming Cl	34.38	34.23
5 Crawley, Abigail	14	Felixstowe Swimming Club	35.97	35.95
6 Owen, Sophie	14	Leiston & District Swimming Cl	36.15	36.06
7 Fleming, Hannah	14	Chelmsford Swimming Club	36.41	36.39
8 Gray-Cullum, Megan	14	Team Ipswich Swimming	35.67	36.57
9 Ford, Lily	14	Hadleigh Dolphins	37.03	36.59
10 Day, Jess	14	Beccles Town Swimming Club	35.91	37.32
11 Long, Rebekah	14	Chelmsford Swimming Club	37.47	37.46

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****(Event 306 Girls 14 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
12 Wright, Mia	14	Felixstowe Swimming Club	37.81	38.44
13 Kinsville, Elizabeth	14	Chelmsford Swimming Club	39.70	39.13
14 Bryson, Amber	14	Leiston & District Swimming Cl	39.24	39.79
15 McDiarmid, Iona A	14	Witham Dolphins	41.74	50.24

**Event 306 Girls 15 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Aldred, Olivia	15	Lowestoft & Oulton Broad Swim	32.42	33.17
2 Green, Amy	15	Chelmsford Swimming Club	33.84	34.90
3 Brown, Annika	15	Team Ipswich Swimming	33.91	35.22
4 Evans, Nia	15	Hadleigh Dolphins	34.76	35.24
5 Duffield, Abbie	15	Team Ipswich Swimming	35.19	35.39
6 Adcock, Lucy	15	Beccles Town Swimming Club	37.41	38.45
7 Gray, Emily	15	Felixstowe Swimming Club	37.25	38.99
8 Valentine, Mazie	15	Felixstowe Swimming Club	37.94	39.31
9 White, Caitlyn	15	Felixstowe Swimming Club	40.39	40.73

**Event 306 Girls 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Radziunaite, Lija	17	Team Ipswich Swimming	28.62	29.13
2 Cruickshanks, Emma	16	Team Ipswich Swimming	29.38	31.03
3 Yeomanson, Erin	16	Team Ipswich Swimming	31.57	31.17
4 Waller, Emily	17	Beccles Town Swimming Club	34.07	34.59
5 Yates, Mia	16	Felixstowe Swimming Club	33.97	34.76
6 Thornton, Eleanor	16	Hadleigh Dolphins	34.26	35.92
7 Wood, Jasmine	16	Witham Dolphins	36.66	38.03
8 Nicholson, Ciara	17	Chelmsford Swimming Club	37.60	38.73

**Event 307 Boys 10 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Ruddell, Charlie	10	Team Ipswich Swimming	3:33.68	3:11.37
2 Coackley, Ewan	10	Team Ipswich Swimming	3:50.00	3:50.04

**Event 307 Boys 11 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Nicholls, Max	11	Leiston & District Swimming Cl	3:50.68	3:47.75

**Event 307 Boys 12 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Howlett, Ben	12	Team Ipswich Swimming	3:08.10	3:07.44
2 Robinson, Patch	12	Team Ipswich Swimming	3:17.29	3:11.65
3 Power, Joe	12	Basildon Phoenix SC	3:12.00	3:27.46
4 Scott, Callum	12	Chelmsford Swimming Club	3:33.55	3:34.30

**Event 307 Boys 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Angel, Ethan	13	Team Ipswich Swimming	2:57.19	2:51.54
2 Vanstone, Harry	13	Chelmsford Swimming Club	3:11.60	3:00.63

**Event 307 Boys 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Tombs, Tyler	14	Chelmsford Swimming Club	2:43.97	2:37.72
2 Pilcher, Aidan	14	Team Ipswich Swimming	2:52.37	2:51.42
3 Howard, Jed	14	Beccles Town Swimming Club	3:02.04	3:01.61

**Teamipswich Swimming, Sanction #: 3ER192239****November 2019 Open****Results - Session 3****Event 307 Boys 15 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Cooper, Joe	15	Team Ipswich Swimming	2:32.94	2:32.60
2 Vaughan, Matthew	15	Beccles Town Swimming Club	2:43.63	2:40.22
3 Baker-Woods, Xavier	15	Team Ipswich Swimming	2:53.56	2:50.82
4 Bessey, Matt	15	Lowestoft & Oulton Broad Swim	2:50.57	2:52.09
5 Osborne, Charlie	15	Leiston & District Swimming Cl	3:08.06	3:13.81

**Event 307 Boys 16 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Lancaster, Robert	22	Team Ipswich Swimming	2:16.60	2:20.99
2 Perkins, Sam	17	Team Ipswich Swimming	2:26.72	2:28.93
3 Scarff, Jack	16	Team Ipswich Swimming	3:02.11	2:51.91

**Event 308 Girls 9 & Under 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Mutton, Grace	9	Felixstowe Swimming Club	5:00.50	4:05.81
2 Smith, Lauren	9	Lowestoft & Oulton Broad Swim	4:22.61	4:25.95

**Event 308 Girls 10 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Romanus, Rose	10	Team Ipswich Swimming	3:28.33	3:18.74
2 Lovell, Clementine	10	Team Ipswich Swimming	3:44.79	3:23.65
3 Armstrong, Evie	10	Team Ipswich Swimming	3:31.03	3:27.73
4 Howlett, Eva	10	Lowestoft & Oulton Broad Swim	4:01.00	3:53.89
5 Cockram, Lily	10	Chelmsford Swimming Club	4:25.34	4:25.85

**Event 308 Girls 11 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Manning, Daisy	11	Basildon Phoenix SC	3:03.84	3:03.80
2 Wilson, Ava	11	Chelmsford Swimming Club	3:24.01	3:23.36
3 Cator, Poppy	11	Lowestoft & Oulton Broad Swim	3:37.30	3:27.21
4 Ball, Imogen	11	Lowestoft & Oulton Broad Swim	3:37.38	3:32.02
5 Mendham, Olivia	11	Chelmsford Swimming Club	3:50.84	3:41.80
6 Long, Rachel	11	Chelmsford Swimming Club	3:49.56	3:43.18
7 Barker, Imogen	11	Witham Dolphins	4:01.87	3:50.49
8 Howell, Francesca	11	Chelmsford Swimming Club	4:01.19	3:52.22
9 Walker, Eloise	11	Chelmsford Swimming Club	3:55.38	3:52.52
10 Francis, Chloe	11	Lowestoft & Oulton Broad Swim	3:57.95	3:53.95
11 Gale, Isabella	11	Felixstowe Swimming Club	4:20.20	4:00.71

**Event 308 Girls 12 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Leinemann, Lisa	12	Chelmsford Swimming Club	3:04.66	2:55.66
2 Duffield, Ellen	12	Team Ipswich Swimming	3:11.01	2:58.06
3 Cotter, Cait	12	Chelmsford Swimming Club	3:02.12	3:03.03
4 Crabb, Amelie	12	Team Ipswich Swimming	3:12.86	3:04.89
5 Murphy, Amelia	12	Chelmsford Swimming Club	3:17.54	3:14.90
6 Gebhard, Gigi	12	Team Ipswich Swimming	3:24.36	3:18.06
7 Foley-Wright, Aislin	12	Basildon Phoenix SC	3:23.90	3:25.71
8 Mahoney, Nuala	12	Team Ipswich Swimming	3:27.15	3:28.62
9 Biggs, Amelia	12	Leiston & District Swimming Cl	3:40.78	3:36.35
10 Snowden, Beatrice	12	Team Ipswich Swimming	3:41.92	3:49.57
11 Harvey, Roxy	12	Lowestoft & Oulton Broad Swim	3:54.80	3:56.17

**Event 308 Girls 13 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Young, Beth	13	Team Ipswich Swimming	2:49.33	2:47.23

## Teamipswich Swimming, Sanction #: 3ER192239

## November 2019 Open

## Results - Session 3

**(Event 308 Girls 13 Year Olds 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
2 Pawle, Madeline	13	Leiston & District Swimming Cl	3:07.12	3:02.48
3 Alexander-High, Laura	13	Team Ipswich Swimming	3:09.21	3:09.11
4 Turner, Kiera	13	Lowestoft & Oulton Broad Swim	3:14.90	3:12.45
5 Catchpole, Katie	13	Lowestoft & Oulton Broad Swim	3:23.84	3:14.44

**Event 308 Girls 14 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Watts, Meg	14	Felixstowe Swimming Club	3:22.75	3:31.96
2 Long, Rebekah	14	Chelmsford Swimming Club	3:30.00	3:36.27
3 Kinsville, Elizabeth	14	Chelmsford Swimming Club	3:24.54	3:38.41

**Event 308 Girls 15 Year Olds 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Prieto Randez, Mar	15	Lowestoft & Oulton Broad Swim	2:46.00	2:58.58

**Event 308 Girls 16 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Emmerson, Taome	16	Leiston & District Swimming Cl	3:15.07	3:28.90

**Event 309 Boys 10 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Cherrington, Finlay	10	Team Ipswich Swimming	1:26.98	1:26.71
2 Minto, Saxon	10	Basildon Phoenix SC	1:25.20	1:33.51
3 Glennerster, Toby	10	Lowestoft & Oulton Broad Swim	1:52.00	2:15.63

**Event 309 Boys 11 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Alty, Reuben	11	Team Ipswich Swimming	1:14.97	1:17.46

**Event 309 Boys 12 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Wilde, Rory	12	Chelmsford Swimming Club	1:21.14	1:17.19

**Event 309 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Daniel	13	Chelmsford Swimming Club	1:10.94	1:09.76
2 Holmes, Harrison	13	Lowestoft & Oulton Broad Swim	1:13.63	1:17.17
3 Deswal, Vansh	13	Chelmsford Swimming Club	1:26.25	1:22.48

**Event 309 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Farrant, Lucas	14	Chelmsford Swimming Club	1:11.62	1:11.66
2 Crabb, Noah	14	Team Ipswich Swimming	1:11.81	1:12.22
3 Howard, Jed	14	Beccles Town Swimming Club	1:17.12	1:13.57
4 Kitching, Jacob	14	Chelmsford Swimming Club	1:11.29	1:16.19

**Event 309 Boys 15 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Pallant, Jack	15	Lowestoft & Oulton Broad Swim	1:02.51	1:02.37
2 Smith, Teal'k	15	Beccles Town Swimming Club	1:03.98	1:04.92

**Event 309 Boys 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Day, Sam	16	Beccles Town Swimming Club	1:02.56	1:02.51

**Event 310 Girls 10 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Sedgwick, Hannah	10	Chelmsford Swimming Club	1:40.48	1:36.49

## Teamipswich Swimming, Sanction #: 3ER192239

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**(Event 310 Girls 10 Year Olds 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Uttridge, Erin	10	Felixstowe Swimming Club	1:41.92	1:42.68
3 Kelly, Charlotte	10	Team Ipswich Swimming	2:00.00	1:50.78

**Event 310 Girls 11 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Dawson, Ella	11	Chelmsford Swimming Club	1:20.12	1:21.41
2 Saunders, Amelia	11	Leiston & District Swimming Cl	1:33.56	1:30.88
3 Crawley, Bethany	11	Felixstowe Swimming Club	1:38.83	1:32.03
4 Howell, Francesca	11	Chelmsford Swimming Club	1:38.32	1:45.90
--- Cator, Poppy	11	Lowestoft & Oulton Broad Swim	1:42.22	DQ

8.3 Breaststroke kick used (legal in Masters Competitions)

**Event 310 Girls 12 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Cotter, Cait	12	Chelmsford Swimming Club	1:14.81	1:11.62
2 Comitti, Gracie	12	Basildon Phoenix SC	1:17.14	1:15.79
3 Foley-Wright, Aislin	12	Basildon Phoenix SC	1:20.12	1:23.06
4 Glennerster, Harriet	12	Lowestoft & Oulton Broad Swim	1:32.54	1:30.30
5 Holmes, Jersey	12	Lowestoft & Oulton Broad Swim	1:28.51	1:32.99
6 Isaacs, Izabella	12	Felixstowe Swimming Club	1:36.27	1:44.99

**Event 310 Girls 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Burwood, Ellie	13	Lowestoft & Oulton Broad Swim	1:14.64	1:14.47
2 White, Maddie	13	Chelmsford Swimming Club	1:18.94	1:19.42
3 Rigby, Holly	13	Lowestoft & Oulton Broad Swim	1:22.10	1:19.79
4 Clarke, Olivia	13	Chelmsford Swimming Club	1:19.96	1:23.89
5 Veal, Chloe	13	Team Ipswich Swimming	1:33.20	1:24.23

**Event 310 Girls 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Crouch, Erin	14	Team Ipswich Swimming	1:08.09	1:08.30
2 Ursu, Alex	14	Team Ipswich Swimming	1:13.92	1:16.11
3 Ford, Lily	14	Hadleigh Dolphins	1:24.22	1:20.57

**Event 310 Girls 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Paschold, Kristien	16	Team Ipswich Swimming	1:06.31	1:09.24
2 Spriggs, Harriette	16	Chelmsford Swimming Club	1:15.38	1:18.58